



# Youth Service Provision

for young people with  
additional needs/  
specific needs/disability



# Forewords

“No man is an island, entire of itself.” Whilst these words by John Donne have been often quoted they fit perfectly with the work that has been carried out by public bodies and other stakeholders in this case. Living on an actual island with a relatively small population means that collaboration and partnership working are essential in maximising the life chances of young people with disabilities. These children and young people are some of the most marginalised within our society and require initiatives like this to provide realistic opportunities within the community.

The Transition Planning Team and Community Access Team within the Southern Health and Social Care Trust are immersed in a community development model. Despite this approach the real life experience of families trying to find and access appropriate opportunities and services can be very different. A myriad of providers, postcode lotteries, a lack of clear pathways and the sheer difficulty

in finding what is available all conspire to further exclude those who need this information the most. The Our Journey through Disability group have highlighted many of these realities and are now gaining regional traction demonstrating the benefits of parents/carers and public bodies working together in harmony. Gaps in service and issues in equality of access continue but there are also many examples of excellent schemes available. This resource is therefore invaluable in helping families navigate their way around the minefield of existing provision and signpost them to the most appropriate service.



**Mark Irwin**

Operational Manager, Short Breaks, Social Work  
Social Care Lead (Armagh and Dungannon Locality)

The Department of Education's (DE) Priorities for Youth Policy (2013) sets out the overarching framework for the delivery of DE funded youth services and outlines how the non-formal education sector contributes towards the DE vision of 'Every young person achieving to his or her full potential at each stage of his or her development'. Within the Newry Mourne and Down area, the delivery of youth services is shaped to support the personal and social development of young people at each stage of their development and is delivered through the statutory, community and voluntary sector. In 2020, the Local Assessment of Need for the Newry Mourne and Down area identified that more work was needed to help identify what SEND young people wanted and needed in terms of service delivery. A collaborative partnership was formed between the Education Authority Youth Services and the Southern Health and Social Care Team who had expertise in working with SEND young people and their families. Through the partnership which has proven to be

extremely beneficial we have been able to identify

- the needs of SEND young people,
- what youth services are currently available for SEND young people in the Newry Mourne and Down area,
- any potential gaps in services along with recommendations for service delivery.

This resource therefore will not only be a valuable tool to statutory and voluntary Youth Services and the Southern Trust Transition Planning Team and Community Access team but will also be a useful resource for parents and young people to support access to services that meet the needs of SEND children and young people in the Newry Mourne and Down area.



**Lynsey Branniff**

Head of Local Youth Services

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## Introduction



Youth Service provision is based on the assessed needs of children and young people throughout the region. Annually the Senior Youth Officers in the Education Authority review their local assessment of need to determine whether priorities should remain the same or whether an emerging need has been identified. In Newry Mourne & Down it was felt that clear pathways for young people to progress through youth services to meet their age and stage of development could be more structured. Prior to engaging with key stakeholders the Education Authority Youth Service entered into a partnership with The Children with Disabilities Transition Service for Newry & Mourne in the Southern Health & Social Care Trust. Together we engaged with key stakeholders to conduct an audit of existing provision for young people with additional needs to identify any gaps in provision or areas of duplication. The purpose of the audit was to identify whether all young people had equal access to services that supported their personal, social & emotional development. If not, why not?

# Context

Desktop research included gathering evidence from existing datasets across various government agencies. The population of Newry Mourne & Down council was 182,067 in the 2021 census. Almost 34% were aged under 25 years, which is the upper age limit still eligible to participate in youth provision and just over 22% of the overall figure in 2021 were aged 15 years or under, another priority age band for youth engagement. At that time there were 2,632 young people with a Statement of Educational Need (7.2%) and 12.1% young people on the Code of Practice Stage 1-2.

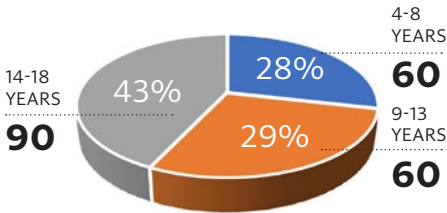
In 2023 Rathore Special School in Newry had an enrolment of 212 pupils. The Children with Disabilities Team had 223 families known to them, of these,

142 families known to the team were accessing Self Direct Support to support their children.

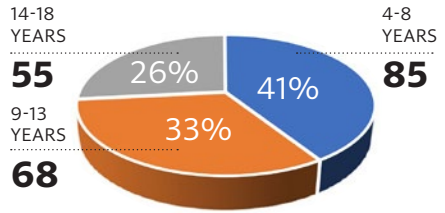
Across Northern Ireland 90% of pupils with special educational needs attend mainstream schools with only 10% attending Special schools. In Newry Mourne & Down 7,076 (19.2%) pupils attending schools are on Stage 1-3 of the SEN Code of Practice. Of these 2,632 (7.2%) pupils have a Statement (Stage 3) and 4,444 (12.1%) are on Stage 1-2 of the SEN Code of Practice.

The charts below illustrate the numbers of children and young people attending Rathore Special School and those known to the Children with Disabilities Team.

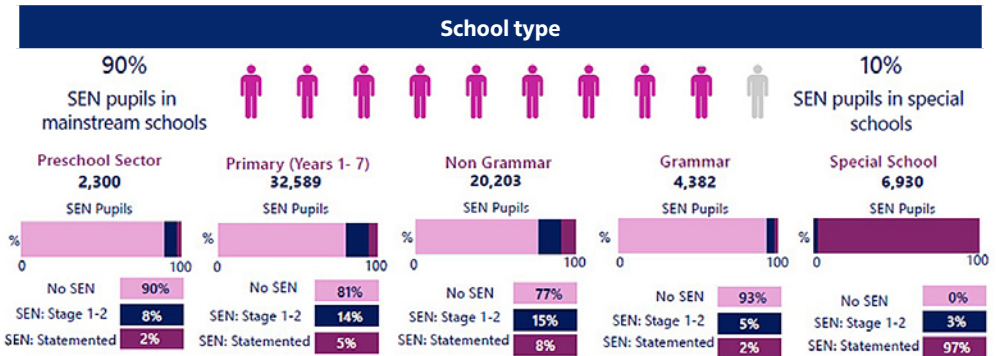
## RATHORE SPECIAL SCHOOL



## CHILDREN WITH DISABILITIES TEAM



## FACTS AND FIGURES ACROSS NI



## MOST FREQUENT SPECIAL EDUCATIONAL NEED TYPES

*A breakdown of the most common types of Educational needs presenting at assessment.*

1	Cognition and Learning - language, literacy, mathematics, numeracy	29,462
2	Social, Behavioural, Emotional and Wellbeing	18,628
3	Speech, Language and communication Needs	11,955
4	Communication and Social Interaction Difficulties	9,209
5	Dyslexia or Specific Learning Difficulty - Language/Literacy	8,028

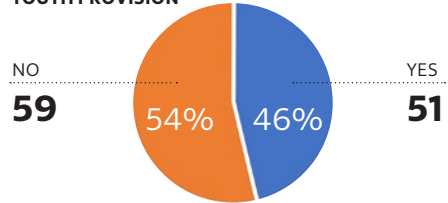
The report *Our Journey through Disability* (2019), produced by the Children & Young People's Strategic Partnership, recommended that parents wanted to be listened to and believed; they needed accurate up to date information about available services for the changing needs of their child and they expected service providers to work collaboratively; know what's available and signpost

them appropriately. Parents wanted service providers to have higher expectations of their children, siblings to have respite time and youth services to be inclusive or exclusive depending on need. Parents that were engaged in the production of this report are continuing to lobby for legislative change around transitions to adult services being based on development rather than chronology.

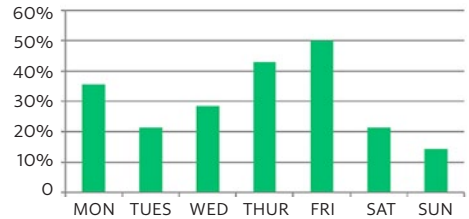
We surveyed 110 parents of children and young people with additional needs and found that **54%** were **not engaged** in any youth provision.

Of the group that were engaged, they participated evenly across the week from Monday to Saturday **with Friday being the largest level of engagement.**

### ENGAGED IN YOUTH PROVISION

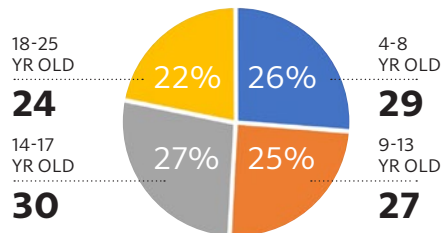


### DAYS ON WHICH THEY PARTICIPATE



### AGE RANGE

There was an even spread of age ranges of young people engaged in exclusive youth provision from 9 to 25 years of age. These services were available in Newry, Killeel, Ballyholand, Banbridge, Mayobridge, Camlough, Markethill, Armagh, Rathfriland, Downpatrick and Warrenpoint.



Parents highlighted a range of positive outcomes for their children such as social opportunities, connections and friendships that young people gain. The benefits provided the young people with an opportunity to have fun, socialise, make new friends, develop new skills, such as, working with others, teamwork, decision making, creativity and being able to express themselves better. The young people reported increased physical and emotional health, increased confidence & self-esteem and reduced anxiety & isolation. They were better able to manage risks as well as develop healthy relationships that respected personal boundaries.

We asked parents for their views on how best to support their child's progression and development through youth services. Their responses suggested age-appropriate programmes offering fun, sporting, creative and social activities for younger ages (under 12s). For their older children they suggested skills based programmes, independence & job related placements. They felt that young people all have the same needs, regardless of their ability such as, socialising with peers, physical activities, creative opportunities, safe spaces, voicing their opinions and activities to build confidence. Parents wanted provision to be inclusive to allow their children to integrate with their peers. Others asked for time bound programmes so young people can progress into new groups and others can join. Parents wanted to spend time with their children who did not have a disability, as often their needs were overshadowed in favour of the child with additional needs.

Key findings of the survey show a high percentage of young people are not accessing any youth services with many parents unaware of the range of services available. There is a wide range of youth services on offer from sport to drama, art and music as well as youth clubs and a range of therapies. These are available each day of the week with many tending to be sports based lasting from 1 to 3 hours. The location of services tend to be Newry, but also in Warrenpoint, Kilkeel, Forkhill, Crossmaglen and the Armagh Banbridge and Craigavon Council area. Often parents have to drive significant distances to access exclusive services for their child.

Some parents felt there was a lack of equality of opportunity to services and expressed difficulty in registering, as there were no available spaces for their child. Children and young people who need 1:1 support, or who have complex needs, or personal care arrangements, face additional barriers in accessing services. Others asked about provision for young people under 12 and after they reach 25 when they progress into adult services. Many parents either initiate programmes or volunteer with existing ones to support the social and recreational needs of their child. It was identified by parents that youth providers need to clarify the differences between a Generic Youth Club and a Targeted Youth Project.

Gaps identified range from; a lack of spaces in many clubs/ groups to meet the demands and many children and young people stay on reserve or waiting lists with no guarantee of places; knowledge of services was not consistent with many parents unaware of the services available to their children; no youth voice or participative structure for young people to shape these services; not enough services for the 4-8, 9-13 age range nor services that address the needs around life skills and transitions to adulthood and that outside of school providers and parents have limited ways of connecting without a community based SENCO.

We engaged further with both statutory and voluntary organisations in Cambane Youth Resource Centre inviting 21 key stakeholders to a focus group to present our audit and obtain feedback. Ten organisations attended and their comments echoed the comments made by parents in the survey. They agreed that a balance of exclusive and inclusive activities would adequately meet the needs of their clients and that an up to date list of activities or services would enable providers to avoid duplication and target provision more effectively.

## Recommendations

The Education Authority and the Children with Disabilities team will ensure as many children and young people, as possible, can access services to meet their needs.

Places need to be time-bound with signposting pathways in place to allow progression onto new opportunities.

There should be increased communication and collaborative working across the sector to improve opportunities for children and young people during term time and over summer holidays.

Providers to hold an awareness raising event to make parents aware of services available.

The creation of a calendar of services and opportunities for parents about what provision is available and who to contact.































Existing service providers to reach out more while promoting inclusive provision which is open all young people.



# Exclusive Youth Provision

	Afternoon	Evening
Monday	<p><b>Rugby Cubz</b> 4.15-5pm <span>9-13</span></p> <p><b>Kingdom Youth Club</b> (Kilkeel) 3.30pm to 5.30pm Additional Needs Group <span>9-13</span> <span>14-18</span></p> <p><b>Trampolineing</b> 5-6pm (Newry LC) <span>9-13</span> <span>14-18</span></p> <p><b>NOW Mind and Move</b> 12-4pm <span>16+</span></p>	<p><b>SO Ten Pin Bowling</b> 6-9pm (Lisburn) <span>9-13</span> <span>14-18</span> <span>18+</span></p> <p><b>SO Basketball</b> 7-8pm (Newry LC) <span>9-13</span> <span>14-18</span> <span>18+</span></p> <p><b>SOPYC</b> 5.30-7pm (St Oliver's Plunkett) <span>9-13</span> <span>14-18</span> <span>18+</span></p>
Tuesday	<p><b>Mourne Gymnastics</b> 3.30-4.20 and 4.30-5.20, 4 children per class with 1-1 coaching. <span>9-13</span> <span>14-18</span></p> <p><b>After the Bell</b> (Bolster) After schools £2pp 3.30-5.30pm Young people and siblings (Waiting List in operation) <span>9-13</span></p>	<p><b>EA Inclusion In The City</b> 6-9pm <span>13-17</span></p> <p><b>Gateway Club</b> 7-9pm Newry (Adults) <span>19+</span></p> <p><b>SO Golf</b> 7-8pm Burren (Kellys Driving Range) <span>9-13</span> <span>14-18</span> <span>18+</span></p>
Wednesday	<p><b>After the Bell</b> (Bolster) After schools £2pp 3.30-5.30pm Young people and siblings (Waiting List in operation) <span>9-13</span></p>	<p><b>Gateway Club</b> – 7-9pm Newry (Juniors) <span>12-19</span></p> <p><b>SO Football</b> (Newry City) 6.30-7.30pm <span>9-13</span> <span>14-18</span> <span>18+</span></p> <p><b>SO Horse Riding</b> Saddle and Reins 7-8pm <span>9-13</span> <span>14-18</span> <span>18+</span></p> <p><b>TAG Totally Active Group</b> 7-9pm, Fortnightly <span>18+</span></p>
Thursday	<p><b>SNAP (Special Needs and Autism) Kids</b> 5-6.30pm <span>9-13</span></p>	<p><b>EA Wonder Group Thematic Voice</b> 6-9pm <span>16-25</span></p> <p><b>SO City Strikers Bowling</b> 7-8.15pm Sheepbridge <span>9-13</span> <span>14-18</span> <span>18+</span></p> <p><b>Autism Support Kilkeel</b> 7.30pm (Last Thursday in the month) <span>9-13</span></p> <p><b>Well lane Warriors</b> Football 6.30-7.30pm <span>9-13</span> <span>14-18</span></p> <p><b>Autism Connect</b> 7-9pm Bolster <span>9-13</span> <span>18+</span></p> <p><b>Swimming</b> 6-7pm Newry LC <span>9-13</span> <span>14-18</span></p> <p><b>GAA For All</b> St Bronagh's, Rostrevor 6-6.45pm <span>9-13</span> <span>14-18</span> <span>18+</span></p>



	Afternoon	Evening
Friday	<p><b>SNAP Teens</b> 5.30-7pm </p>	<p><b>Down Right Brilliant</b> Junior YC 6pm-7.45pm  Senior YC 8pm-9.45pm  Siblings also welcome</p> <p><b>Amazing Abilities</b> GAA For ALL (Silverbridge) 6.30-7.30pm   </p>
Saturday	<p><b>Down Right Brilliant</b> - Ballyholland CC Speech, numeracy (numicon), drama &amp; dance classes  </p> <p><b>GAA For All</b> Crossmaglen 11.30-12.30   </p> <p><b>IncredABLE</b> - Peer Opportunity Programme 10-4pm </p> <p><b>IncredABLE</b> - Youth Empowerment Programme Weekend a Month Armagh (YP Known to CWDT)</p> <p><b>Sixth Sense</b> Barnardos Once a month   </p> <p><b>Inclusive Choir</b> 10.30-11.45am  </p> <p><b>Autism Families</b> Camlough 1-3pm   </p>	<p><b>Autism Families Kids Club</b> Monthly and 6 week cookery course (Over 10's)  </p> <p><i>Additional bespoke programmes, events and activities</i></p> <p><b>SNAP Horse riding</b> 3-4pm (8 Weeks)  </p>
Sunday	<p><b>GAA For All</b> Warrenpoint 10.30-11.30   </p> <p><b>Autism Swim only</b> 9.45-10.30am Newry LC</p>	<p><b>Kingdom Youth Club</b> Tourettes Support group, monthly 12pm to 2.30pm   </p>

# Inclusive Youth Provision

	Afternoon	Evening	
Monday	<p><b>Magnet YAC</b> Newry, 3-6pm</p> <p><b>Bosco YC Newry</b> Afterschool club, 3.30-6pm</p>	<p><b>Bosco YC</b> Newry, 6-9pm</p> <p><b>Magnet YAC</b> Newry, 6-9pm</p> <p><b>St Oliver Plunketts YC Crossmaglen</b> 6-9pm <span>14-18</span></p> <p><b>Newtownhamilton Youth Programme</b> 5-8pm <span>11-15</span></p>	<p><b>Meigh Youth Group (EA)</b> 6-9pm <span>14-18</span></p> <p><b>Warrenpoint Youth Forum (EA)</b> 6-9pm <span>14-18</span></p> <p><b>Annalong Youth Programme (EA)</b> 6-9pm <span>14-18</span></p>
Tuesday	<p><b>Magnet YAC</b> Newry, 3-6pm</p>	<p><b>Bosco YC</b> Newry, 6-9pm</p> <p><b>Magnet YAC</b> Newry, 6-9pm</p> <p><b>St Oliver Plunketts YC</b> Outreach-Silverbridge, 6-8pm <span>9-13</span></p> <p><b>YMCA Newcastle</b> Junior Club, 6-9pm <span>9-13</span></p>	<p><b>Kingdom YC Kilkeel</b> 6.30-9.30pm</p> <p><b>St Patricks YC Mayobridge</b> 6-8pm p4-p7, 8-9pm yr 8+</p> <p><b>Bessbrook Youth Programme (EA)</b> 6-9pm <span>12-14</span></p>
Wednesday	<p><b>Magnet YAC</b> Newry, 3-6pm</p> <p><b>YMCA Newcastle</b> Youth Council, 3.30-6.30pm</p> <p><b>Bosco YC Newry</b> Afterschool club, 3.30-6pm</p>	<p><b>Bosco YC</b> Newry, 6-9pm</p> <p><b>Magnet YAC</b> Newry, 6-9pm</p> <p><b>St Oliver Plunketts YC Crossmaglen</b> 6-9pm <span>9-13</span></p> <p><b>YMCA Newcastle</b> Senior club, 6.30-9.30pm <span>14-18</span></p>	<p><b>Kingdom YC Kilkeel</b> 6.30-9.30pm <span>12-14</span></p> <p><b>St Marys YC Newry</b> 5-8yrs, 6.00-9.00pm</p> <p><b>Newry Area Young Carers Programme (EA)</b> 6-9pm <span>11-14</span></p>

	Afternoon	Evening	
Thursday	<p><b>Magnet YAC</b> Newry, 3-6pm</p> <p><b>YMCA Newcastle</b> LGBTQ Drop in, 3.30-6.30pm</p> <p><b>St Oliver Plunketts YC Crossmaglen</b> Young women's group, 5-6.30pm <span>9-13</span></p> <p><b>Kingdom YC Kilkeel</b> Afterschool club, 3.30-5.30pm <span>11-15</span></p>	<p><b>Bosco YC</b> Newry, 6-10pm</p> <p><b>Magnet YAC</b> Newry, 6-9pm</p> <p><b>St Oliver Plunketts YC Crossmaglen</b> 6-9pm <span>9-13</span></p> <p><b>YMCA Newcastle</b> Senior club, 6.30-9.30pm <span>14-18</span></p> <p><b>St Marys YC Newry</b> 6-9pm <span>9+</span></p> <p><b>Jims Jolly Ranchers</b> Kilkeel, 6.30-9.30 <span>11-14</span></p>	<p><b>Hilltown Youth Programme (EA)</b> 6-9pm <span>14+</span></p> <p><b>Whitecross Youth Programme (EA)</b> 6-9pm <span>9-11</span> <span>12-15</span></p> <p><b>Kilcoo Youth Programme (EA)</b> 6-9pm <span>9-13</span></p> <p><b>Derrybeg Youth Programme (EA)</b> 6-9pm <span>11-15</span></p> <p><b>Newry Young Women's Group (EA)</b> 6-9pm <span>14-18</span></p>
Friday	<p><b>St Oliver Plunketts YC Crossmaglen</b></p> <p><b>Young men's group</b> 4-6pm <span>14-18</span></p>	<p><b>Bosco YC</b> Newry, 7-10.30pm</p> <p><b>Magnet YAC</b> Newry, 6-9pm</p> <p><b>St Oliver Plunketts YC Crossmaglen</b> 6-9pm <span>14-18</span></p> <p><b>YMCA Newcastle</b> Senior club, 6.30-9.30pm <span>14-18</span></p> <p><b>Kingdom YC Kilkeel</b> 6.30-9.30pm</p> <p><b>St Marys YC Newry</b> 6.00-9.00pm <span>9+</span></p>	<p><b>Jims Junior Drop in Kilkeel</b> 7.30-10.30 <span>11-16</span></p> <p><b>St Patricks YC Mayobridge</b> 6-9pm <span>11-18</span></p> <p><b>Newry Young Men's Group (EA)</b> 6-9pm <span>14-17</span></p> <p><b>Mullaghbawn Youth Programme (EA)</b> 5-8pm <span>14-17</span></p> <p><b>Kilkeel Youth Programme (EA)</b> 6-9pm <span>14-18</span></p> <p><b>Warrenpoint Youth Engagement Programme (EA)</b> 6-9pm <span>14+</span></p>
Saturday	<p><b>Magnet YAC</b> Newry, 3-7pm</p>	<p><b>Kingdom YC Kilkeel</b> 6.30-9.30pm</p>	

## Autism Connect

Lead Organisation/Funder	Bolster Community
Facebook Page: Bolster Community	Website: <a href="http://www.bolstercommunity.org">www.bolstercommunity.org</a>
Activities/ Content	<p>Autism Connect offers a person-centred assessment of needs where individuals are provided with support and social opportunities and offers:</p> <ul style="list-style-type: none"> <li>• a wrap-around service of an informal social hub.</li> <li>• individual practical and emotional support</li> <li>• signposting/navigating to other services.</li> <li>• Provide work taster sessions and skills development</li> </ul> <p>The programme provides opportunities for connection, social engagement, skills building and friendship which we believe are essential prerequisites to the holistic development of an individual.</p>
Cost	Free
Target group	Our community-based autism service, aptly named 'Autism Connect' is aimed at supporting adults over the age of eighteen with autism who cannot access support through mental health services or learning disability services.
Target age range	18+
How to access it	<a href="mailto:orla@bolstercommunity.org">orla@bolstercommunity.org</a> / 02830835764
Location	Newry
Times: Thursday 7pm-9pm	Duration: Weekly
Key Contact Person	Orla Flinnigan
Phone number: 02830835764	Email: <a href="mailto:orla@bolstercommunity.org">orla@bolstercommunity.org</a>

## Autism Families - Monthly Family Saturday Club

Lead Organisation/Funder	Autism Families Community Support Group	
Autism Families Public Facebook Page: <a href="http://www.facebook.com/AutismFamiliesCSG">www.facebook.com/AutismFamiliesCSG</a>	Instagram: <a href="https://www.instagram.com/autismfamiliescsg">https://www.instagram.com/autismfamiliescsg</a>	
Activities/ Content	<p>Monthly Family Saturday Club (Games, toys, arts, crafts, OT equipment, developing fine and gross motor skills, sensory play, sensory equipment and access to quiet room)</p> <p>Cinema – sensory screening</p> <p>Bowling</p> <p>Cookery lessons</p> <p>Music therapy</p>	<p>Lego therapy</p> <p>Horse riding therapy</p> <p>Mobile petting zoo visits to group</p> <p>Annual Autism Awareness &amp; Acceptance Month Forest Walk</p> <p>Summer scheme</p> <p>Christmas events</p> <p>Annual Pantomime Trip</p> <p>Support &amp; Advice to parents</p>
Cost	Annual membership £10 per family	
Target group	Children and young adults with a diagnosis of autism and/or learning disabilities (Siblings are welcome to attend)	
Target age range	10-25	
How to access it	Message our public Facebook page or email <a href="mailto:autismfamilies@outlook.com">autismfamilies@outlook.com</a> to request membership	
Location	c/o Brain Injury Foundation, 23 Newry Road, Camlough, BT35 7JP	
Times: 1-3 pm	Duration: 2 hours	
Key Contact Person	Colin Boyle (Chairperson)	
Phone number: 07882372455	Email: <a href="mailto:autismfamilies@outlook.com">autismfamilies@outlook.com</a> <a href="mailto:autismfamiliescsg@outlook.com">autismfamiliescsg@outlook.com</a>	

## ASK – Autism Support Kilkeel

Lead Organisation/Funder	The group is run by volunteers, all parents of children and young people with disabilities. There is no registration fee and the activities and therapies provided are greatly subsidised by the charity.	
Facebook: Autism Support Kilkeel	Website: N/A	
Activities/ Content	Support Group Range of activities/therapies such as Equine Therapy, Gym Fitness sessions	
Cost	None	
Target group	Children and young adults on the Autism Spectrum and their families and carers.	
Target age range	Primary School Age (at present)	
How to access it	Attend a meeting – On completion of a free registration form you will be added to the private Facebook page where you will be able to access information on events coming up and express your interest in various therapies/activities on offer for your child/YP.	
Location	108 Newry Road, Kilkeel	
Times: Last Thursday of every month – 7.30pm	Duration:	
Key Contact Person	N/A	
Phone number: 07729075830	Email: autismsupportkilkeel@hotmail.co.uk	

## Amazing Abilities - GAA for All

Lead Organisation/Funder	Silverbridge Harps GAA
Facebook Page: Silverbridge Gfc	Website: N/A
Activities/ Content	Free Play Sensory Play GAA for ALL
Cost	Free
Target group	Children and young people with disabilities
Target age range	Everyone Welcome - Currently Aged 2-8 years
How to access it	Message/Whatsapp Aidan Crummy
Location	Sliverbridge Gfc
Times: Fridays - 6.30-7-30pm	Duration: 1 hour
Key Contact Person	Aidan Crummy
Phone number: 07733913248	Email: Crummyaidan2@gmail.com



## Bolster - After The Bell

Lead Organisation/Funder	Bolster Community		
Facebook Page: Bolster Community	Website: <a href="http://www.bolstercommunity.org">www.bolstercommunity.org</a>		
Activities/ Content	Inclusive activities adapted to make them accessible to all and include a mix of physical, sensory, team and imaginative play. Helping to develop social communication and physical skills, feel good and have fun.		
Cost	£2 per child includes snacks		
Target group	School age children (5-11) with a disability and their Siblings		
How to access it	<a href="mailto:orla@bolstercommunity.org">orla@bolstercommunity.org</a> / 02830835764		
Location: Three Ways Community Centre, Newry	Times: 3:30pm-5:30pm	Duration: Term Time with summer activities	
Key Contact Person	Orla Flinnigan		
Phone number: 02830835764	Email: <a href="mailto:orla@bolstercommunity.org">orla@bolstercommunity.org</a>		

## Warrenpoint GAA All Stars Team

Lead Organisation/Funder	CPN (Warrenpoint GAA)		
Facebook Page: WarrenpointGAA	Website: <a href="https://warrenpointgaa.com/">https://warrenpointgaa.com/</a>		
Activities/ Content	GAA Skills general games and lots of fun		
Cost	Warrenpoint GAA Club Membership		
Target group	Anyone who may not be able or feel uncomfortable taking part in mainstream team play/sport and would like to do so in a non-judgemental environment.		
Target age range	From 7 or 8 years of age upwards and no upper age limit		
How to access it	Just turn up to any session give it a try and see how you get on		
Location: St. Mark's High School, Warrenpoint, Co. Down	Times: Sunday morning 10:30am	Duration: 1 hour	
Key Contact: Declan Carvill	Phone number: 07763898688	Email: <a href="mailto:declancarvill@yahoo.co.uk">declancarvill@yahoo.co.uk</a>	

## Children's Inclusive Choir

Lead Organisation/Funder	N/A
Facebook: Sign, Rhyme & Shine with Bronagh	Website: N/A
Activities/ Content	<p>The choir will be an inclusive choir set up for children and young adults with learning disabilities or any additional needs. The choir will comprise of several learning areas:</p> <ul style="list-style-type: none"> <li>• Signing along to an array of music</li> <li>• Healthy Eating (building and promoting independence, social skills and self-confidence)</li> </ul> <p>One parent/carer to stay with the Child/YP as the aim and purpose of the choir is to:</p> <ul style="list-style-type: none"> <li>• Engage with families to foster a sense of community, belonging and ownership</li> <li>• Provide a safe place and caring environment for children and adults so they can enjoy singing/signing with their families and friends</li> <li>• Develop new skills</li> <li>• HAVE FUN</li> </ul>
Cost	None
Target group	Children and young adults with learning disabilities or any additional needs.
Target age range	No age limit
How to access it	Send an email - signrhymeandshine@gmail.com
Location	St Bronagh's GAA Clubrooms, Mary Street, Rostrevor
Times: Saturday 10.30am to 11.45am	Duration: Weekly (Term Time)
Key Contact Person	Bronagh Clerkin
Phone number: 07546814861	Email: signrhymeandshine@gmail.com

## Down Right Brilliant

Lead Organisation/Funder	Down Right Brilliant Newry & Mourne Down Syndrome Support	
Facebook Page: Down Right Brilliant	Website: N/A	
Activities/ Content	Youth Club Speech Club Numicon Club Drama Club Parents Support Group Summer Scheme Social Events	
Cost	Youth Club, £2 per child Saturday classes, £5 per child	
Target group	Children and young people with Down Syndrome, their siblings and families	
Target age range	Youth Club P1 and onwards Saturdays- 7 years and onwards	
How to access it	Message via Facebook	
Location	C/O Ballyholland Community Centre, Newry, BT34 2LY	
Times: Fridays 6-7.45 Junior Youth Club 8-9.45 Senior Youth Club	Duration: Term Time	
Key Contact Person	Yvonne Curran	
Phone number: 07841717732	Email: downrightbrilliantnewry@gmail.com	

## Inclusion in the City

Lead Organisation/Funder	Education Authority Youth Service
Facebook Page: Newry Mournie and Down Area Youth Service	Website: <a href="http://www.eani.org.uk/services/youth-service">www.eani.org.uk/services/youth-service</a>
Activities/ Content	The 'Inclusion in the City' programme enables young people with a range of disabilities to express their emotions and helps them to recognise and develop coping strategies to engage positively with the outside world.
<p>In particular, the programmes have boosted their confidence and, as a result, they have participated in social activities and other experiences which they would not have been able to cope with before. The group in the past have completed a range of projects including:</p> <ul style="list-style-type: none"> <li>• Circus Skills with Circusful where they put on a performance for their family and friends after a 10 week programme;</li> <li>• A Stop, Motion, Picture project where they produced a video about their lives, hobbies and interests which went on to win the Inclusion category of EA Youth Service Oscar Awards;</li> <li>• Environmental project with Ulster Wildlife where they created a sensory garden in the grounds of their Youth Service along with several litter picks along Newry towpath;</li> <li>• Cooking programme with Rathcarbery Cookery School learning basic cooking skills;</li> <li>• Summer programmes with a range of activities such as self-defence, baking, gaming, sports day activities, inclusive cycling and outings to the cinema, bowling, laser tag and adventure golf;</li> <li>• Christmas outing to the Wild Lights at Botanic Gardens, Belfast;</li> <li>• Karaoke Nights;</li> <li>• Arts n Crafts Nights.</li> </ul>	
Cost	No Cost to Young Person
Target group	Young People with a range of disabilities
Target age range	12-17
How to access it	Make contact with Key Person who will carry out an individual assessment with parent/guardian of young person to assess suitability to group
Location	Youth Resource Centre, 4 Carnbane Road, Newry BT356QA
<p>Times: Tuesdays 6-9pm. Duration: September – June (Programmes themed and new participants each programme)</p>	
Key Contact Person	Pauline McQuillan
Phone number: 02830251515	Email: <a href="mailto:pauline.mcquillan@eani.org.uk">pauline.mcquillan@eani.org.uk</a>

## Kingdom Youth Club - YP with Additional Needs

Lead Organisation/Funder	Kingdom Youth Club (working voluntarily from own funds)
Facebook: kingdomyouthclub	Website: N/A
Activities/ Content	Use of sports hall, music room, soft play and sensory pod, garden with pond.
Cost	£2
Target group	<p><b>Anyone who wants to come</b></p> <p>Currently Autism, ADHD, epilepsy, pica, craniofacial, down syndrome, ASD GDD, partially sighted, learning diff, cleft hand, sjogrens syndrome, tourettes, tics, ocd, ehlers danlos, picca, sensory processing, ncad deficiency</p> <p>There are 18 yp signed up and approx 8 to 10 of them attend weekly. 6 are one to one, we have 6 to 8 volunteers so are at full stretch given current help.</p>
Target age range	Primary School Age (at present)
How to access it	<p>Please make contact before first visit detailing individual needs, then simply attend.</p> <p>There is a parents group message</p>
Location	Kingdom Youth Club 10 Dunavil Road Kilkeel BT34 4JT
Times: Monday 3.30pm to 5pm	Duration: 90 minutes
Key Contact Person	Orla Flanagan Baldwin
Phone number: 028 417 63681	Email: orla@kingdomyouth.club

## Mourne Gymnastics - Reaching New Heights Class

Lead Organisation/Funder	Mourne Gymnastics club
Facebook: Mourne Gymnastics	Website: <a href="http://www.mournegymnastics.com">www.mournegymnastics.com</a>
Activities/ Content	1:1/1:2 assisted classes for individuals who have specific needs. All children follow a schedule specifically tailored to their needs. With parental permission we liaise with Schools/ Physio/OT when required. On occasions parents have provided access to the child/YP statement of educational needs.
Cost	8 week blocks =- £105
Target group	At present the current attendees have a diagnosis of ASD, ADD or ADHD
Target age range	Current Group: <ol style="list-style-type: none"> <li>1. 6-8 years x3 – 2 staff</li> <li>2. 6-7 years x3 – 3 staff and</li> <li>3. 14 Years x1 – 3 staff</li> </ol>
How to access it	Via e-mail – <a href="mailto:info@mournegymnastics.com">info@mournegymnastics.com</a>
Location	WIN Business Park
Times: <ol style="list-style-type: none"> <li>1. 3.30-4.20pm</li> <li>2. 4.30-5.20pm</li> </ol> Tuesday	Duration: 50 mins
Key Contact Person	Nikki McAlinden
Phone number: 07810698991	Email: <a href="mailto:Nicola.mcalinden@mournegymnastics.com">Nicola.mcalinden@mournegymnastics.com</a>

At present we are full to capacity in relation to available coaches to work on a 1:1. However, if there was access to support, the coaches could deliver the 'session' whilst support staff assisted.

## Special Olympics - Newry All Stars

Lead Organisation/Funder	Special Olympics
Facebook Page: Newry Stars	Website: N/A
Activities/ Content	Monday - Basketball - Newry Sports Centre, 7-8pm Tuesday - Golf - Kellys Golf Centre, Burren, 7-8pm Wednesday - Equestrian, 6.30-7.30pm & 7.30-8.30pm Thursday - Bowling - Sheepbridge Inn, 7-8.15pm
Cost	Basketball - £5 Golf - £6.50 Equestrian - £15 Bowling - £6
Target group	Children and young people with disabilities
Target age range	From age 7 up - no upper age limit
How to access it	Contact key person
Location	Different locations - see above
Times: As Above	Duration: 1 hour
Key Contact Person	Karen Savage
Phone number: 07841678825	Email: Karen.savage9@gmail.com



## Trampolining Club

Lead Organisation/Funder	Newry Sport ability Trampolining Club	
Facebook: Mourne Gymnastics	Website: <a href="http://www.mournegymnastics.com">www.mournegymnastics.com</a>	
Activities/Content	Trampolining	
Cost	Please contact Francie via e-mail or mobile number below	
Target group	At present the current attendees have a diagnosis of ASD, ADD or ADHD	
How to access it	Via e-mail - <a href="mailto:franciecraven@hotmail.com">franciecraven@hotmail.com</a>	
Location: Newry Leisure Centre	Times: 5-6pm Monday	Duration: 1 hour
Key Contact Person	Francie Craven	
Phone number: 07711634226	Email: <a href="mailto:franciecraven@hotmail.com">franciecraven@hotmail.com</a>	

## NOW Mind and Move

Lead Organisation/Funder	NOW/PHA	
Facebook: N/A	Website: N/A	
Activities/Content	16 Week Programme based on exercise, food and mental well-being.	
Cost	None to accepted participants	
Target group	Neurodivergent young people	
Target age range	16+	
How to access it	Through Employment Officers at NOW Group	
Location: Ballybot House, Newry	Times: Mon 12-4pm	Duration: 16 Weeks
Key Contact Persons	Conor Murtagh, Roslyn Young, Martina Davies	
Phone number: N/A	Email: <a href="mailto:martina.davies@nowgroup.org">martina.davies@nowgroup.org</a>	

## Newry Gateway Community Centre

Lead Organisation/Funder	Newry & District Gateway Club	
Facebook: <a href="https://www.facebook.com/GatewayNewry">www.facebook.com/GatewayNewry</a>	Website: <a href="https://newrygatewayclub.com/">https://newrygatewayclub.com/</a>	
Activities/ Content	Weekly Classes of Arts & Crafts, Bingo, Cookery, Drama, Games & Pool Line dancing, Disco, Movie nights, Chair Aerobics Mindfulness and Yoga, Sensory room, Music activities and Choir.	
Cost	Senior £50.00 Junior £30.00	
Target group	For all people with learning disabilities	
Target age range	Junior- 12-19 Senior- 19 Plus	
How to access it	Telephone, Facebook, or website.	
Location	20 Kilmorey Street Newry, BT34 2DE	
Times: Tuesday evening 7-9pm (senior 19+)	Duration: 2 hours	
Wednesday evening 7-9pm (Junior 12-19)		
Key Contact Person	Deirdre Shields / Carmelita Moley / Lisa Rea	
Phone number: 028 302 68777	Email: <a href="mailto:info@newrygatewayclub.com">info@newrygatewayclub.com</a>	

## Rugby Cubz N.I.

Lead Organisation/Funder	Rugby Cubz NI CIC
Facebook: RugbyCubzNI	Website: <a href="http://www.rugbycubzni.co.uk">www.rugbycubzni.co.uk</a>
Activities/ Content	<p>Rugby based activities and games, soft play, fitness, sensory play. Indoor venue has soft play crash mats, obstacle courses, sensory toys, and equipment available.</p> <p>Safe and comfortable surroundings, informal and relaxed, the children are free to either participate in the activities or play individually whatever they wish!</p> <p>Qualified, trained, and experienced coaching and supervision</p>
Cost	Variable - terms of 4-week programs, also 121's available. Contact for details.
Target group	Children of all abilities, inclusive of those with autism, ADD, ADHD, SEN, and additional needs
Target age range	U6's U12's and U18s
How to access it	<a href="http://www.rugbycubzni.co.uk">www.rugbycubzni.co.uk</a> or <a href="https://rugby-cubz-ni-cic.played.co">https://rugby-cubz-ni-cic.played.co</a> for classes and booking info
Location	<p>Mourne Gymnastics Newry</p> <p>Various venues all over Northern Ireland - we will go anywhere where requested!</p>
Times: Varies - check booking link for details	Duration: 30 mins to 1 hr
Key Contact Person	Rob Rossiter
Phone number: 07731476176	Email: <a href="mailto:Rob@rugbycubzni.co.uk">Rob@rugbycubzni.co.uk</a>

## Barnardos Sixth Sense

Lead Organisation/Funder	Barnardos
Facebook: Advised of parent/young person facebook page once sessions begin	Website: <a href="http://www.barnardos.org.uk/get-support/services/6th-sense">www.barnardos.org.uk/get-support/services/6th-sense</a>
Activities/ Content	6th Sense is based in the Southern Locality and is part funded by the SHSCT. Eight Young People with a range of disabilities and autism diagnosis will be supported to participate in twelve 6th sense meetings per year. Activities will include influencing and capacity building meetings. Personal Care Needs of membership will be met at the project.
Cost	No charge
Target group	Any young person with a disability
Target age range	8-25yrs old
How to access it	A referral form is to be completed and returned to: PosAbility, Grange Building, Towerhill, Armagh, BT61 9DR
Location	Varies
Times: 1 group session per month for approx. 1.5-2 hrs Currently running on a Saturday	Duration: 12 months
Key Contact Persons	Gillian McKeown
Phone number: 02837414541	Email: <a href="mailto:posability@barnardos.org.uk">posability@barnardos.org.uk</a>

## Special Needs Autism (SNAP)

Lead Organisation/Funder	Special Needs Autism Project
Facebook Page: SpecialNeedsAutismProject	Website: www.snapni.co.uk
Activities/ Content	<ul style="list-style-type: none"> <li>• Horseriding</li> <li>• Arts and Crafts</li> <li>• Sensory Play</li> <li>• Music Therapy</li> <li>• Circus Skills</li> <li>• Rugby Skills</li> <li>• Sensory Circuits</li> <li>• Family Trips/Days Out</li> <li>• Yoga/Mindfulness</li> <li>• Lego Therapy</li> </ul>
Cost	£10 Membership per family
Target group	Special Needs and Autism
Target age range	4-30
How to access it	snapni@outlook.com
Location	Forkhill Community Centre
<p>Times: Snap Kids Thursday 5-30-6.30pm</p> <p>Snap Teens Friday 6-7.30pm</p> <p>Snap Parents Support Group Last Friday every month 11-1pm</p>	Duration: Ongoing term time and summer
Key Contact Person	Nadine Lavelle
Phone number: 07543970910	Email: snapni@outlook.com

## Totally Active Group (TAG)

Lead Organisation/Funder	Charitable Organisation
Facebook Page: TAG Newry	Website: <a href="http://www.tagnewry.org">www.tagnewry.org</a>
Activities/ Content	Out in community- Plan for 3 months at a time Visits for social and recreational outlets Occasional Saturday outings Bowling, archery
Cost	£5 per night
Target group	Young people and adults aged 18+
Target age range	18-35yrs to join
How to access it	Referral form can be accessed at email address below
Location	Warrenpoint
Times: 7-9pm Every second Weds night	Duration: Ongoing whole year (close in July)
Key Contact Person	Katherine Haughian Co-Ordinator
Phone number: 07818418486	Email: <a href="mailto:info@newrytag.org.uk">info@newrytag.org.uk</a>

## Youth4All

Lead Organisation/Funder	St Oliver Plunkett Youth Club
Facebook Page: Oliver Plunkett	Website: N/A
Activities/ Content	<ul style="list-style-type: none"> <li>• Social and recreational activities</li> <li>• Music</li> <li>• Cooking</li> <li>• Lego</li> <li>• Art</li> <li>• Pool, foosball</li> <li>• Ball games</li> <li>• Trips to explore the local area. E.g. fire station, pizza restaurant</li> </ul>
Cost	£5 membership for 12 months.
Target group	<p>Aged 6-8 (accompanied by parent / carer)</p> <p>Aged 9-17</p> <p>Aged 18+ (register as a volunteer)</p>
Target age range	As above
How to access it	<p>Email Sarah: sarah.cairns17@hotmail.com</p> <p>Or</p> <p>stoliverplunkett@hotmail.co.uk</p>
Location	St Oliver Plunkett Youth Club, 54 Culloville Rd, Crossmaglen, Newry BT35 9AQ
Times: Monday 5.30 – 7.00pm	Duration: One and half hours per week
Key Contact Person	Sarah Cairns
Phone number: 07578740593 – Sarah (028) 30868107 – Lizzy	<p>Email Sarah: sarah.cairns17@hotmail.com</p> <p>Or</p> <p>stoliverplunkett@hotmail.co.uk</p>



## Well Lane Warriors

Lead Organisation/Funder	Well Lane Warriors
Facebook Page: Well Lane Warriors FC	Website: N/A
Activities/ Content	Football - Practical football skills, training, matches and tournaments.
Cost	£5 per session
Target group	YP with disabilities
Target age range	Age 11 years and upwards Possible 7 week course available for 7-12 years in June 2024
How to access it	Contact Jessica McMahon via e-mail
Location	Newry Leisure Centre
Times: 6.30pm to 7.30pm Thursday	Duration: 1 hour
Key Contact Person	Jessica McMahon
Phone number: N/A	Email: welllanewarriors@gmail.com

## The Wonder Group

Lead Organisation/Funder	Education Authority Youth Service
Facebook: Newry Mourne and Down Area Youth Service	Website: <a href="http://www.eani.org.uk/services/youth-service">www.eani.org.uk/services/youth-service</a>
Activities/ Content	<p>This is a Thematic Voice Programme for young people from across the Newry &amp; Mourne Area, who aim to be a representative voice for young people with disabilities. They engage in a number of social action projects each year which are designed and delivered by young people.</p>
<p>Each of these young people have progressed to this programme, from various experiences in Youth Provision, including those in EA Youth Services. Typical programmes they have completed include:</p> <ul style="list-style-type: none"> <li>Disability Awareness Training to staff and volunteers</li> </ul>	<ul style="list-style-type: none"> <li>A Formal Evening for young people with disabilities - Be Our Guest</li> <li>Summer Programmes and outings</li> <li>Social Action Projects- a homelessness campaign, community clean ups</li> <li>OCN accreditation Cultural Awareness</li> </ul>
Cost	Free
Target group	Young People with a range of disabilities, who have experience in Youth Provision. This is a Pathway for those who want to progress into more leadership and advocacy opportunities.
Target age range	18-25
How to access it	Contact the lead youth worker in the Newry City Area Project who will carry out a shared needs assessment with parent/guardian to assess suitability
Location	Youth Resource Centre, 4 Carnbane Road, Newry BT356QA
Times: Thursdays 6pm-9pm	Duration: September - June
Key Contact Person	Ruth Neary
Phone number: 02830251515	Email: <a href="mailto:ruth.neary@eani.org.uk">ruth.neary@eani.org.uk</a>

## Additional service provision

Healthy Kidz – Neurodiversity Clubs	
Lead Organisation/Funder	Healthy Kidz CIC
Facebook: <a href="https://facebook.com/healthykidz1234">facebook.com/healthykidz1234</a>	Website: <a href="https://healthy-kidz.com">https://healthy-kidz.com</a>
Activities/ Content	Physical activity including dance, gymnastics and yoga Sports including boccia, athletics and sitting volleyball Fundamental Movement Skills Improving Motor Skills
Cost	£50 per hour per coach
Target group	Children and young people
Target age range	5-17 year olds
How to access it	Contact <a href="mailto:chris@healthy-kidz.com">chris@healthy-kidz.com</a> - 07787135501
Location	Variable depending on the location of group
Times: Variable depending on the requirements of the group	Duration: Variable depending on the requirements of the group
Key Contact Person	Chris Cousens
Phone number: 07787135501	Email: <a href="mailto:chris@healthy-kidz.com">chris@healthy-kidz.com</a>

## Early Years - Supported Day Care

Lead Organisation/Funder	Newry Early Years Day-Care
Facebook Page: Newry Early Years	Website: N/A
Activities/ Content	<p><b>Supported Day-Care</b></p> <p>Term time Nurture Cove 2-4yrs (9-12 pm) 12 weeks Reaching Further After School p1-p7 (2-5 pm) 18 weeks</p> <p><b>Summer Scheme</b></p> <p>4 weeks during July and August, each child can avail of one week dependant on numbers. 2-12yrs (9.30-12 pm + 1.30-4.00 pm) 4 weeks 13+ Programme one week during summer (10-12 pm + 2-4 pm) 1 week</p> <p><b>Christmas Shortbreaks</b></p> <p>3 Saturdays during November and December (9-1 pm + 2-6 pm)</p>
Cost	Fully funded
Target group	Children and young people with or going through the process of being diagnosed with an additional need.
Target age range	2-12 all services 13+ summer scheme
How to access it	Referral through a health professional involved with the child.
Location	Newry Early Years, 2 Warrenpoint Rd, Newry BT23 2PF
Times: See above in Activities	Duration: Term time services Nurture Cove 12 weeks After School 18 weeks
Key Contact Person	Danielle McCulla, Services Team Leader
Phone number: 028 3026 5714	Email: daniellemc@early-years.org

## IncredABLE Services

Lead Organisation/Funder

IncredABLE

Facebook Page: weareincredABLE

Website: [www.incredible.org.uk](http://www.incredible.org.uk)

### Activities/Content

**BIG** – Bespoke Individual Group – 1:1/group community project. This usually happens on a weekly basis. We also run BIG overnight programmes for 18+.

**Saturday Club** – Small group venue based play sessions for children between the ages of 5-12 years.

**ASD Life Hacks** – Autism specific 10 week evening life skills programme. Venue based. This is a life skills programme where they focus on topics such as; exercise, safety, cooking, personal

hygiene, mental wellbeing and relationships. Some community based activities.

**ASD Social Saturdays** – Autism specific. Meets on the third Saturday of every month to do community-based activities, e.g. bowling, cinema, beach, mini golf etc.

**ASD Community Connections** – 10 week social programme based in the local community. Days vary depending on community activity chosen by the group. Usually on a weekend.

**ASB** – Adult Short Breaks – Respite weekends with community-based activities. 4 weeklong residential per year.

**Incredible-y Made** – Chocolate lolly production day opportunity.

**Incredible Holidays** – Numerous holidays advertised through our Social Media accounts throughout the year. Some are local and some are abroad.

Cost

**BIG** is £19.36 per hour. Usually paid by direct payments.  
**Saturday Club** is funded through the Children with Disability Services.  
**ASD** services are funded through the Autism Services.  
**ASB** respite is funded through the Adult Learning Disability Services – charged currently at £20 per night payable to the trust.  
**Incredible-y Made** is £40 per day.  
**Incredible Holidays** – Cost varies dependant on holiday location.

Target group

Learning Disability and/or Autism.

Target age range

**BIG** – 7+ Big overnights/groups – 18+  
**Saturday Club** – 5-12 years  
**ASD** – 7-18 years  
**ASB** – 18+  
**Incredible-y Made** – 18+  
**Incredible Holidays** – 18+

How to access it	<p><b>BIG</b> – Self referral and/or referral by Social Worker  <b>Saturday Club</b> – Referral by Children with Disabilities Services  <b>ASD</b> – Referral by ASD Services  <b>ASB</b> – Referral by Adult Learning Disability Services  <b>Incredible-y Made</b> – Self Referral  <b>Incredible Holidays</b> – Self Referral</p>
Location	<p><b>BIG</b> – Pick up from home/meet at a specified venue.  <b>Saturday Club</b> – Venue based in Richhill and Dungannon.  <b>ASD</b> – Life Hacks – pick up points vary depending on location of group/venue.  Social Saturdays – Pick up in Craigavon.  Community Connections – meeting points vary depending on group and activity.</p> <p><b>ASB</b> – Pick up points vary depending on location of group.  <b>Incredible-y made</b> – Venue based in Dungannon, Richhill and Lurgan.  <b>Incredible Holidays</b> – Meeting points vary depending on holiday location.</p>
<p>Times: <b>POP – BIG</b> – Times are down to individuals/allocation/groups.  <b>Saturday Club</b> – Session 1: 10am-1pm  Session 2: 2pm-5pm.  <b>ASD</b> – Life Hacks – currently Monday &amp; Wednesday evenings 430-830pm.  Social Saturday – 10am-4pm.  Community Connections – 10am-4pm (subject to change depending on activity).  <b>ASB</b> – Friday 7pm – Sunday 1pm.  <b>Incredible-y Made</b> – 10am-3pm.  <b>Incredible Holidays</b> - Vary</p>	<p>Duration: <b>BIG</b> – Ongoing  <b>Saturday Club</b> – 1 year  <b>ASD</b> – Life Hacks 10 weeks  Social Saturday 6 months – 1 year  Community Connections 10 weeks  <b>ASB</b> – Allocated an amount of residential per year by Adult with Learning Disability Services.  <b>Incredible-y Made</b> – Ongoing  <b>Incredible Holidays</b> – 3-5 days</p>
Key Contact Person	<p><b>BIG</b> – Oonagh McDonald  <b>Saturday Club</b> – Catherine Cox  <b>ASD</b> – Catherine Cox  <b>ASB</b> – Catherine Cox  <b>Incredible-y Made</b> – Gemma McKinney  <b>Incredible Holidays</b> – Oonagh McDonald</p>
Phone number: 02838872111	Email: <a href="mailto:info@incredible.org.uk">info@incredible.org.uk</a>

## IncredABLE – POP and YEP

Lead Organisation/Funder	IncredABLE – Peer Opportunity Programme (POP) and Youth Empowerment Programme (YEP)	
Facebook: facebook.com/weareincredABLE	Website: www.incredible.org.uk	
Activities/ Content	<p>POP – Peer Outing Programme – meets on the first Saturday of every month to do community-based activities, e.g. bowling, cinema, beach, mini golf etc. 3 of these weekends are residential.</p> <p>YEP – Youth Empowerment Programme – one residential a month for 10 months. This is a life skills programme where they focus on topics such as; exercise, safety, cooking, personal hygiene, mental wellbeing and relationships. Community based activities are incorporated into the programme.</p>	
Cost	POP & YEP are funded through the Children with Disability Services	
Target group	Learning Disability and/or Autism	
Target age range	POP & YEP – 14-17 years	
How to access it	POP & YEP – Referral by Children with Disabilities Services	
Location	POP & YEP – Pick up location in Newry	
Times: POP – 10am-4pm. YEP – Friday 6pm-Sunday 12pm.	Duration: POP – 1 year, YEP – 1 year	
Key Contact Person	POP – Catherine Cox, YEP – Catherine Cox	
Phone number: 02838872111	Email: info@incredible.org.uk	



## Crisis Café CIC

Lead Organisation/Funder

N/A

Facebook Instagram and Twitter @crisiscafeni

Website: Coming soon

### Activities/ Content

A range of individual group and peer based support to young people aged 12-17 and 18-24 years.

Drop in Crisis Café which provides One to One individual Therapeutic Assessment and Interventions on all aspects of emotional, mental health and well-being, signposting and/or a safe environment to have time out from the stressors they are experiencing in life or a quiet space to connect with other young people (12-18 years)

Social Bytes Café provides a youth space where young people can connect. Provided with a complimentary hot snack and drink and have use of laptops, printer/scanner, WIFI. It is a relaxed space to study or do homework individually or as a group. Educational support provided to the group as required and individual mental health support available to those with identified need. (13-18 years)

Friendship Café provides young people an opportunity to connect in a safe supported space, form and develop friendships, engage in peer-based group activities and avail of a range of support and community connectiveness. (12-18 years)

Interactive Workshops to offer support, guidance and education on mental wellness.

Art Café creative space which is a platform for connection with other young people.

LGBTQ+ young people's peer support group (13-17 years)

Urban Espresso Social Café for young people 18-24 years. An opportunity to meet other young people and connect in a warm relaxed social environment. (No individual support available)

Music Group and Guitar Drums and Singing lessons provided by other young people.

Education and Training - We provide consultation, education, and training to a range of organisations within the statutory, community and voluntary sector.

One to One Therapeutic Support is also available outside of the youth cafes. This is for young people not wishing to avail of any other supports through the youth cafes.

Please Note that from the age of 17.5 years young people will be supported in preparing to move to the over 18 café, Urban Espresso and to identify a range of other supports within the community.

Cost

Most services are free. We advertise if there is a cost to any services

Target group

Young people

Target age range

12-18 years and 18-24 years

How to access it

No referral required. Drop In or if you prefer text, phone or email and arrange a time to visit. Most young people will DM on social media page.

Location

Crisis Café River House 41 The Mall Newry BT34 1AN

Times: Monday to Saturday. Times vary and are advertised on Crisis Café social media pages

Key Contact Person

Louise Quinn and/or Grainne Graham

Phone number: 07703466075

Email: info@crisiscafe.co.uk

## Sticky Fingers Arts / The Imaginarium Centre

Lead Organisation/Funder

Sticky Fingers

Facebook Page: Sticky Fingers Arts

Website: [www.stickyfingersarts.co.uk](http://www.stickyfingersarts.co.uk)

### Activities/ Content

The Imaginarium Centre is space that was designed for children and young people of mixed abilities to meet, play, and engage in arts and creative activity. The activities that are available include;

- Early Years Creative Play sessions – 0 to 3 years (February to June)
  - Arts and Craft workshops- ( 3 years to 18 years) year round.
  - Drama and Musical Theatre program ages 13 years and over. (term -time)
  - Imagine – youth Arts Program for young people the disabilities – aged 12 and over (term time).
  - Family Autism Sessions- monthly evening sessions. Year round
  - Storyland interactive/ sensory play space – aged 0 to 10 years. Open to public year-round.
  - Adventure lab- arts and craft sessions – Open to the public year-round.
- Seasonal events, shows/ performances and details on the Children’s Festival can be found on our Facebook page and website.

### Cost

Admission to the Imaginarium. £5 for children aged 4 and over. £3 for children aged 3 and under. Admission includes workshops and early years sessions  
No pre- booking required. Open to everyone.

Imagine- Youth Arts Program: Free Drama and musical theatre program. £10 registration fee and weekly sessions are free.  
Autism family sessions (Imaginarium Centre admission prices apply)

### Target group

All

### Target age range

Children and young people of all ages and all abilities

### How to access it

Walk in. or contact a member of the team for more information on specific activities/ workshops.

### Location

The Imaginarium Centre, 10 upper Edward Street, Newry. BT35 6AX

Times: Autumn/ Winter opening hours-Thursday to Saturday 10am to 5pm  
Spring/ summer - Tuesday to Saturday 10am to 5pm.

### Key Contact Person

Gràinne Powell

Phone number: 0283025785

Email: [grainne@stickyfingersarts.co.uk](mailto:grainne@stickyfingersarts.co.uk)

## Barnardos - Transition Inclusion Service

Lead Organisation/Funder	Barnardos
Facebook Page: Advised of private parent/ young person page once 1-1 support begins.	Website: <a href="http://www.barnardos.org.uk/get-support-services/transition-and-inclusion-service-tis">www.barnardos.org.uk/get-support-services/transition-and-inclusion-service-tis</a>
<b>Activities/ Content</b>	Barnardo's Transition and Inclusion Service (TIS) supports young people aged 16-21 with a learning disability, autism and/or physical disability in the Southern Health and Social Care Trust (SHSCT) area of Northern Ireland as they transition into adult services.
Over 12 weekly sessions the service aims to:	<ul style="list-style-type: none"> <li>Capacity build the young person's parent/carer or significant adult in their life, to increase their awareness of services and confidence in supporting that young person to access them</li> <li>Create opportunities for young people to engage in consultations and with services to ensure that their needs are reflected in the planning and delivery of services in the future</li> </ul>
<ul style="list-style-type: none"> <li>Provide 1:1 support &amp; home visits focusing on life skills, advice, mentoring and improving access to services</li> <li>Group work opportunities and social outings</li> </ul>	
Cost	NO CHARGE
Target group	YP with a learning disability, autism and/or physical disability
Target age range	16 - 21 years of age
How to access it	A referral form to be completed and returned to: PosAbility, Grange Building, Towerhill, Armagh, BT61 9DR
Location	Visits will take place in the community to support the needs of the young person. Please note, initial visit to be completed in the home.
Times: Varied depending on the requirements of the young person	Duration: Varies depending on the requirements of the young person
Key Contact Person	Caroline Williamson
Phone number: 02837414541 / 07561024675	Email: <a href="mailto:posability@barnardos.org.uk">posability@barnardos.org.uk</a>

## Drake Music Project

Lead Organisation/Funder

Drake Music

Facebook Page: Drake Music NI

Website: [www.drakemusicni.com](http://www.drakemusicni.com)

### Activities/ Content

The Drake Music Project Northern Ireland provides access to independent music making for children and adults with complex disabilities. Workshops in composition and performance skills are afforded by the provision of adapted computer interfacing technology, in order that physical and cognitive ability is matched to an appropriate gestural interface, allowing people with disabilities the opportunity to express their creativity in an independent and controllable environment.

We operate workshops age appropriate for all interests, and mix able bodied and those with disabilities in age-matched groups to form bands, enjoy DJing sessions, record their own music or learn to play instruments.

Fun, empowerment, able activities, friendships, music talent and creativity are all celebrated in workshops available 6 days a week!

Cost

As a registered charity we ask only for a contribution to costs which depends on numbers in workshops and number of tutors required for sessions

### Target group

Children and young people with disabilities; children and young people with mental health issues, children and young people needing support and age appropriate activities for fun, self expression, interaction, and development of skills

Target age range

From 5 years old to .....no limit as we work with all age ranges

How to access it

Email [michelle@drakemusicni.com](mailto:michelle@drakemusicni.com) to find out about sessions, individual workshops and possibilities to form groups in the Newry and Mourne area, and all over Northern Ireland

Location

Newry, Newry and Mourne, core and cluster workshops from Newry across all counties of Northern Ireland

Times: Set to suit the participants as we have a large team of travelling tutors. Duration: Various

Key Contact Person

Dr Michelle McCormack

Phone number: 07918719595

Email: [michelle@drakemusicni.com](mailto:michelle@drakemusicni.com)

## Bolster - Tots & Tea

Lead Organisation/Funder	Bolster Community	
Facebook Page: Bolster Community	Website: <a href="http://www.bolstercommunity.org">www.bolstercommunity.org</a>	
Activities/ Content	This is a supportive group of parents and children who are all on their first steps of the journey through disability. Support and advice are offered and the opportunity to make friends & enjoy a cuppa while the children play with a range of toys supported by Bolster staff & Volunteers.	
Cost	Free	
Target group	School age children (Baby – 6years) with a disability and their Siblings	
How to access it	<a href="mailto:jena@bolstercommunity.org">jena@bolstercommunity.org</a> / 02830835764	
Location: Markethill & Newry	Times: 10am-12 midday	Duration: Term Time with summer activities
Key Contact: Jena Henning	Phone number: 02830835764	Email: <a href="mailto:jena@bolstercommunity.org">jena@bolstercommunity.org</a>

## Bolster Buddies

Lead Organisation/Funder	Bolster Community	
Facebook Page: Bolster Community	Website: <a href="http://www.bolstercommunity.org">www.bolstercommunity.org</a>	
Activities/ Content	We offer social enterprise opportunities to adults with learning disabilities and or autism. We aim to promote independence and developing independent living skills. Our focus is about inclusion and we explore social activities within our community.	
Cost	£12.90 per hour (may be eligible for self-direct support from the SHSCT)	
Target group	Adults with learning disabilities and or Autism - aged 18 +	
How to access it	<a href="mailto:Jena@bolstercommunity.org">Jena@bolstercommunity.org</a> / 02830835764	
Location: Unit 1, Whitegates	Times: Daily	Duration: On-Going
Key Contact Person	Jena Henning	
Phone number: 02830835764/07990340959	Email: <a href="mailto:jena@bolstercommunity.org">jena@bolstercommunity.org</a>	

# List of Contacts for Core Inclusive Youth Provision

Youth Group	Leader in Charge	Phone	Email
St John Bosco Newry	Dearbhla Mulholland	028 30263548 07759974180	boscoyouth@btconnect.com
Magnet Young Adult Centre Newry	Teresa Kearney	028 30252214 07541515932	teresa.magnet@gmail.com
St Marys Youth Club Newry	Kyle Cahill	N/A	kylie18_7@hotmail.co.uk
St Patricks Youth Club Mayobridge	Ann Fitzpatrick	028 30851647 07708908095	ann.fitzpatrick141@gmail.com
St Oliver Plunketts Youth Club Crossmaglen	Lizzy Smith	028 30888098 07766604944	lizzy.sopyc@gmail.com
Kingdom Youth Club Kilkeel	Joe Donnan	028 41763681 07950532094	kingdom@anriocht.com
Jims Youth Club Kilkeel	Megan McIlveen	028 41769373 07716514393	megan@thejimsproject.org.uk
YMCA Newcastle	Denise Malone	07907646302	denise.malone@ymca-ireland.net
Patrician Youth Club Downpatrick	Yvonne Maguire	028 44615488 07545660661	yvonne.maguire@patricianyc.com
Slieve Gullion Area Project	Ruth Neary Jennifer Spiers	028 30251515	ruth.neary@eani.org.uk jennifer.spiers@eani.org.uk
Newry City Area Project	Pauline McQuillan Niamh McNamee James Treanor	028 30251515	pauline.mcquillan@eani.org.uk niamh.mcnamee@eani.org.uk james.treanor@eani.org.uk
Mournes Area Project	Wayne Morris	028 30251515	wayne.morris@eani.org.uk
Warrenpoint & Crotlieve Area Project	Maureen Larkin Carie Crawford	028 30151515	maureen.larkin@eani.org.uk carie.crawford@eani.org.uk
Newry Mourne & Down Area Project	Rosie Carey Maureen O'Gorman	028 30251515	rosie.carey@eani.org.uk maureen.o'gorman@eani.org.uk

## Acknowledgements & Thanks

We would like to acknowledge the Partnership between the Southern Health & Social Care Trust and the Education Authority Youth Service. All information was accurate at time of printing, we would like to highlight this is a snap shot of what we were aware of as of March 2024. We anticipate this will change and would encourage any organisation to contact us if there are any updates regarding their service or if new services are being developed. We plan to review in March 2025.

Thanks to all the voluntary and statutory organisations who gave up their time to take part in the audit, to those who sent information back and for all the survey respondents and young people who formed the focus groups. A special thank you to Rathore School for hosting the launch of our audit. This report also acknowledges the work of Donna Weir, EA Youth Service.

## Contact details to follow up:

### **Children with Disabilities Service (SH&SCT)**

Tracy MacFarlane,  
Transition Planning Coordinator  
**Tel:** 07503018999  
**Email:** [tracy.macfarlane@southerntrust.hscni.net](mailto:tracy.macfarlane@southerntrust.hscni.net)

### **EA Youth Service**

Aileen O'Callaghan,  
Senior Youth Officer (Newry Mourne & Down)  
**Tel:** 02830251515  
**Email:** [aileen.ocallaghan@eani.org.uk](mailto:aileen.ocallaghan@eani.org.uk)

Maureen O'Gorman,  
Senior Youth Worker (Team Leader)  
**Tel:** 028 3025 1515  
**Email:** [maureen.o'gorman@eani.org.uk](mailto:maureen.o'gorman@eani.org.uk)

