

Volunteer Spotlight



Katie Todd

**VOLUNTEER WITH BALLYMONEY
AREA PROJECT FOR 1 YEAR**

Q: How did you get involved in volunteer work?

I started volunteering within my community hockey club to begin with, as I'm involved in my second year of the EA's Horizons Programme. I have learnt the importance of giving back to your community when you can.

When Caitlin, my youth worker, offered me the opportunity to have a youth leadership role on the new Horizons cohort, I thought it would be the best chance to really push myself out of my comfort zone and personally develop my leadership skills.

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Q: What type of activities/groups have you been involved in?

I currently coach hockey for primary 2 ages which is challenging at times but also very rewarding. I have recently been involved with the year 1 Horizons group running ice breakers and building relationships within the group to help them work as a team. I am currently working towards my leadership skills preparing activities and games for the group at summer camp and aiding them in developing their social action project for our community.

Q: How long have you been volunteering in your project?

Altogether I have been volunteering for just over a year and I am working towards my 100-hour EPIC Volunteer Award after just completing my 50-hour award.

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Q: What do you enjoy most about volunteering?

I like being an important part of my community and helping out any way I can. It's also enabled me to be more confident in leadership and pushed me out of my comfort zone for the better. I am continually progressing personally and professionally for my future.

Q: Would you recommend volunteering to others?

Yes absolutely! It allows you to use your skills to help others and increases the skills and experience for your future. It has also enabled me to make new friends and meet people I never would have had I not of pushed myself to do it!